

Session 2: In His Presence

September 28-October 1, 2026

Queen of Apostles Confirmation Prep 2026-2027 “A Start” for Mon. evenings (mostly Track A)
red notations (for table-leader catechists on Mondays; teacher directs in Religion classes)
purple Track B notations (leadership & recommended adaptations for Religion classes in school)

This session's objectives:

- To encourage candidates to trust in God and recognize large and small challenges to their faith
- To introduce the practice of Eucharistic Adoration to prepare for Nov. retreat & lifelong prayer
- To explore how Jesus guides us through various signs and symbols in Catholic tradition

This session's program:

	Time	A Start
1. Name-tag pick-up; greeting catechists	0-5 min	6:45
- as enter both days, candidates invited to <u>bless selves w/ holy water</u> (as when entering church)		
- catechists determine when enough are present/settled to continue w/ warm-up activity		
2. Warm-up – share journal pp. vii-viii SMART goals At Tables/Groups	5 min	6:50
Track A should start with more of an icebreaker: “One Thing About Me”		
- each member, including catechists, shares name & one fact about themselves which most people don't know: “My name is Rachel and I never really learned how to whistle.”		
- follow each fact with group response: “Thank you, God, for the gift of [Name].”		
- draw <u>prompts</u> from cup in center of table if not sure what to share; <u>share SMART goals</u>		
3. Opening Prayer (Act of Faith, p. 108 in textbk or slides) RH/MB/PH/JR	5 min	6:55
4. Belief, Trust and Faith using PowerPoint presentation		
Group reflection plus <u>Trust in God illustration video</u> RH/MB/PH/JR		
	15 min	7:00
5. Table/Pair Discussion on Trust (4 Qs from slide deck) At Tables/Pairs	5 min	7:10
6. Meeting Jesus in the Eucharist: Seen and Unseen RH/MB/PH/JR	5 min	7:15
- recall image from video: being face-to-face, keeping your eyes on Jesus; trusting that he has your back even when human logic tells us this must be absurd		
- going to experience Eucharistic Adoration at Rise Up -- quiet time to speak to Jesus face-to-face, in the form of the Bl. Sacrament, the same Body of Christ we receive at Mass, on display!		
7. <u>Adoration Video: Personal Witnesses</u> RH/MB/PH/JR	5 min	7:20
8. Break (Track A only) – stretch, use restroom, get water, check phones	5 min	7:25
9. Prayer Meditation: Our Eyes Fixed on Jesus led by RH/MB/PH/JR	5-10 min	7:30
- recall image from Trust Fall video: be face-to-face, keep eyes on Jesus; trust that he has your back even when logic tells us this must be absurd (Track B should do <u>part of song to save time</u>)		
- prayer with <u>“Turn Your Eyes” (Lauren Daigle)</u> and diverse pictures of the face of Jesus - can be prayed anytime with a smart phone & Google Image Search – choose your own face of Jesus		
10. Instructions for Breakout Rachel/Joe/Paul	5 min	7:45
11. Reading the Church Breakout At Tables/Groups	20 min	7:50
- each table/group reviews photos of images relating to Jesus, found in our 2 churches		
- what is the image? what might it mean? how does it connect to who Jesus is or what he does?		
12. Rite of Enrollment run-through RH/MB/PH/JR	5-10 min	8:10
13. Reminders & Closing Prayer RH/MB/PH/JR	10 min	8:20
- Adapted <u>Divine Praises</u> & meditation song <u>“Brave”</u> ; during meditation song, <u>bless selves with Holy Water</u> at prayer space, <u>leave SMART goals cards</u> & ask for greater faith		

Homework for Candidates:

- sign and have parent(s) sign the **Discipleship Commitment** (beige sheet), **due next week!**
- all Confirmation candidates (students preparing to be Confirmed this year) come to **Rite of Enrollment** at any parish Mass this weekend, 10/3-10/4; dress appropriately; arrive 15 minutes early to check in & get handout; sit with family; receive Bibles and a blessing up in sanctuary after Homily
- bring **new Bibles** and all other materials (**book/journal if have, folder**) to next classes:
Track A: Mon. 10/5 Track B: SMS Mon. 10/5 & Tues 10/6 (MB); Mon 10/5 & Thurs 10/8 (PH);
QAng Wed. 10/7 & Thurs. 10/8 (JR)