

This session's objectives:

- To reflect on the transformative role of grace in our lives
- To assist candidates in thinking about Confirmation's place in their overall spiritual growth
- To explore the charisms of prayer found in our Catholic traditions that speak to each candidate's heart
- To foster active and meaningful participation in Lent, the Confirmation Mass and a lifetime of faith

This session's program:

1. **Name-tag pick-up;** turn in late service hours & other late assignments 5 min 6:45
*students can **sign up to serve in Conf. Mass roles** and should **proofread their nametags***
 2. **Opening Prayer** (of St. Richard of Chichester) 5 min 6:50
- attributed to St. Richard, like Peace Prayer of St. Francis - prayed as he was dying
- set to music as "Day by Day" in the musical *Godspell* in 1970s, same composer as *Wicked!*
 3. **Being Confirmed, Receiving Grace** (Rachel/Joe/Paul) 10 min 6:55
- comments on the nature of grace and growth after Confirmation
- 2 minute video http://www.youtube.com/watch?v=m4Q5y_g5-e0 of personal reflections
- Confirmation becomes known "when you do things" afterward
- basketball team image for life in the Church after Confirmation; Sponsors etc. as coaches
 4. **Your Prayer Style** (at tables or individually; intro'd by Rachel/Joe/Paul) 20-25 min 7:05
- read directions for **inventory** carefully: take inventory (p. A), read descriptions of spiritual path (p. B) & Styles of Prayer grids (pp. C-D), keeping in mind your score in each category
- discuss or reflect individually on your personal result, **flow chart** for when frustrated in prayer
 5. **A Prayerful Confirmation Mass** (Rachel/Joe/Paul) 5 min 7:30
- review the Invitation to Prayer and Laying on of Hands Prayer to call down the Holy Spirit in the Confirmation Mass (using p. 6 of a previous year's program booklet)
- ways to call yourself back to prayer if you find your mind or hands becoming less prayerful during the Confirmation Mass
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6. **Made for More: Invitation to Spiritual Growth** (Rachel/Paul/Joe) 5 min 7:35
- think back to "Is Your Faith Still in Kindergarten?" video & goals from last Fall (basket)
- hope you've been growing while preparing for Confirmation, but we never looked at starting point (sensed by phone for Google Maps)! - let's see where we're at now spiritually
 7. **Spiritual Life Snapshot** (at tables or individually) 15-20 min 7:40
- use slides & tree parts worksheet for each student to complete a spiritual life tree
 8. **Lent: A Time for Spiritual Growth** (Rachel/Paul/Joe) 10 min 8:00
- Lent video (Catholic Central) - unity with Jesus through personal sacrifice
- video "Ticket Without A Seat," giving up something you need to benefit another person
- **CRS Rice Bowl** for prayer, fasting & almsgiving - help Ukraine, Gaza, others in need
 9. **My Lenten Sacrifices** (at tables/groups or as a class) 5-10 min 8:10
- students write on the side of their Rice Bowl bank what they are sacrificing for Lent
- look at the calendar & recipes - **Lent begins next week on Ash Wednesday, February 18**
 10. **Homework, Reminders & Closing Prayer** (led by Rachel/Paul/Joe) 10 min 8:20
practice **Renewal of Baptism Promises**, plus short prayer on **outside back cover** of textbook

Reminders & Homework:

- no class next week (holiday Mon. 2/16) - **final class** for all Mon. 2/23, 6:45pm-8:30pm
- do **textbook** pp. 75-76, **journal** pp. 43 & 63 - review dress code for Conf. Mass
- make sure your Sponsor (or parent/other adult) knows to come to a **Wed 3/4 Rehearsal, as assigned by Mass location/language 6pm Rehearsal @ St Matthias** (SMS with English-only RE) or **7:30pm Rehearsal @ Q of Angels** (Q of Angels School with Spanish or bilingual RE)