

**This session's objectives:**

- To teach the value and dignity of all life by helping students be aware of the attack on human dignity through domestic/partner violence
- To make young people aware of the signs of both healthy and unhealthy relationships and the dangers of manipulation, intimidation, power and control in dating relationships
- To empower young people to protect themselves and others by seeking help when they recognize the signs of an unhealthy and abusive relationship at any stage of their lives

**This session's program:**

1. **Name-tag pick-up & Icebreaker** 5 min 6:45  
Icebreaker at tables: name something you think is important in a friendship
2. **Opening Prayer "*Sacred*" by Joe Melendrez** (led by Rachel) 5 min 6:50  
- we are created in the likeness of God, and created to be in relationship with one another
3. **Presentation on Teen Dating Violence** (Sanika & Chidori) 85 min 6:55  
- some interaction at tables according to instructions given by presenters  
- may include card game to choose traits important to you in a romantic partner (funny, smart, kind, etc.) and randomly assign negative traits (unkind to your friends, tells lies, etc.)
4. **Homework & Reminders** 5 min 8:20  
- share handouts from class with your parents!  
- **Retreat 2 with Reconciliation** this Friday 1/30 at St. Matthias!  
- 4:30 p.m. students (Tracks A & B) arrive  
- 6:30 p.m. parents & Sponsors arrive for dinner  
- 7 p.m. Reconciliation Prayer Service (many priests), 8:30 p.m. dismissal  
- Documentation for 5+ hours of **Christian service hours due** at next class!  
*Track A Mon 2/2      Track B Wed 2/4 & Thurs 2/5*  
- Service opportunities to bank last-minute hours:  
- Track B SMS only: Family Service Night this Wed 1/28  
- any candidate still needing hours: - shovel snow where it is needed on your block!  
- Group Outing to Soup Kitchen at St. Mary of the Lake next Wed 2/4  
- SVDP Community Meal Sat 2/8 (*during SuperBowl*)  
- make sure your **Pastor Letter** is turned in (*digitally / in print*) & your **Interview** is booked
5. **Closing Prayer petitions against domestic & dating violence** (led by Rachel) 5 min 8:25

**Homework and Reminders:**

- **share handouts** from this class with your parents! Make sure Letter to Pastor is turned in
- **Christian service documentation due** at next week's class!  
- service opportunities this Wed 1/29 at SMS Service Night & group trip to soup kitchen  
- other ideas of service on your own time at home on parish website page linked in emails
- **next class** is next week:  
Track A: Monday 2/2, 6:45-8:30 p.m. in Mission Hall  
Track B: Wednesday 2/4 and Thursday 2/5 in 8<sup>th</sup> Gr Religion class