

Session 7: Sponsor & Parent Night (Works of Mercy) November 10, 2025

Queen of Apostles Confirmation Preparation 2025-2026

This session's objectives:

- To encourage Candidates and Sponsors to develop their Christian friendship and help them appreciate one another's gifts and talents, especially through mutual service
- To teach Sponsors, Parents & Candidates about the Corporal & Spiritual Works of Mercy and introduce the Gifts of the Spirit
- To educate Sponsors about key components of their role in the sacrament of Confirmation

This session's program:

1. **Name-tag pick-up / Gifts and Talents icebreaker** 10 minutes 6:45
- *sponsors & candidates pair up to fill in a "personality profile" on likes and abilities*
- *sponsors and candidates discuss potential Confirmation Name saint(s) & what has been covered so far – also what they like or find difficult about being Catholic*
2. **Welcome / Opening Prayer** (*sing "Pan de Vida" v. 1-2*) 5 minutes 6:55
3. **Video: Corporal Works of Mercy** 10 minutes 7:00
[Catholic Central \(English\)](#) w/ Spanish subtitles – v. similar to [Lente Catolico \(Spanish\)](#)
4. **Exploration: Works of Mercy (Candidates & Sponsors)** 35 minutes 7:10
- *refer to handout with pictures illustrating both types of Works of Mercy*
- *discuss the videos: Which **Corporal** Work of Mercy stood out to you?*
- *Which do you feel you do the most/best, whether in your own family or in your community?*
- *Which do you feel drawn to do more of or think more deeply about?*
- *look at the pictures and discuss the **Spiritual** Works of Mercy:*
- *Which do you feel you do the most/best, whether in your own family or in your community?*
- *Which do you feel drawn to do more of or think more deeply about?*
- *go through "Saints of Mercy" worksheet and debate the answers*
5. **Candidate Service Hours / Role of Sponsors (Rachel)** 15 minutes 7:45
- *service opportunities & requirements* - *handout & magazine on responsibilities*
- *ways Sponsors & families support candidates* - [Alpha Youth video 6 \(5:27-10:51\)](#)
6. **Gifts of the Spirit Demonstration (Rachel)** 10 minutes 8:00
- *gift opened, cards to each candidate & Sponsor(s), opened by student w/ Nov. b-day*
- *intro to rite of anointing, speaking with Bishop*
7. **Reminders & Prayer** 5 minutes 8:10
- *St. Ignatius' Prayer for Generosity (from slides)*
8. **Comments by Fr. Jason Malave with Final Blessing?** 15 minutes 8:15

Homework for Candidates:

- finish handouts and worksheets from this class with your Sponsor & turn in this month
- schedule time to meet, even virtually!
- also **textbook pp. 41-43** and **journal pp. 52-54** for next class
- **next class** next wk Tr A Mon 11/18 & Tr B Wed 11/20 & Thurs 11/21 – bk/journ HW due
- finish **Conf, Name Reflection**, due **next week!** Mon. 11/17 (*Tr A*) or 11/19-11/20 (*Tr B*)
- work on your Christian service! Try **SVDP Thanksgiving Food Drive distribution next week Fri 11/21 & Sat. 11/22; Winter Market Sat. 12/6** (*during Catholic HS test, so better for those already in HS or not testing*); **SVDP Community Hot Meal Sun. 12/14**