

Session 2: In His Presence

September 29-October 2, 2025

Queen of Apostles Confirmation Preparation 2025-2026

“A Start” times listed are for Monday evenings (mostly Track A only)

red notations (for table-leader catechists on Mondays; teacher directs in Religion classes)

purple Track B notations (leadership & recommended adaptations for Religion classes in school)

This session's objectives:

- To encourage candidates to trust in God and recognize large and small challenges to their faith
- To introduce the practice of Eucharistic Adoration to prepare for Nov. retreat & lifelong prayer
- To explore who Jesus is through various signs and symbols in Catholic tradition

This session's program:

	Time	A Start
1. Name-tag pick-up; greeting catechists	0-5 min	6:45
<i>- as enter both days, candidates invited to <u>bless selves w/ holy water</u> (as when entering church)</i>		
<i>- catechists determine when enough are present/settled to continue w/ warm-up activity</i>		
2. Warm-up activity – share journal pp. vii-viii	<i>At Tables/Groups</i>	5 min 6:50
Track A should do more of an icebreaker: “One Thing About Me”		
<i>- each member, including catechists, shares name & one fact about themselves which most people don't know: “My name is Rachel and I never really learned how to whistle.”</i>		
<i>- follow each fact with group response: “Thank you, God, for the gift of [Name].”</i>		
<i>- draw <u>prompts</u> from cup in center of table if not sure what fact to share</i>		
3. Opening Prayer (<i>Act of Faith, top of p. 108 in textbook</i>)	<i>Rachel/Joe/Paul</i>	5 min 6:55
4. Belief, Trust and Faith using PowerPoint presentation		
Group reflection plus Trust in God illustration video <i>Rachel/Joe/Paul</i> 15 min 7:00		
5. Table/Pair Discussion on Trust (4 Qs from slide deck)	<i>At Tables/Pairs</i>	5 min 7:10
6. Meeting Jesus in the Eucharist: Seen and Unseen	<i>Rachel/Joe/Paul</i>	5 min 7:15
<i>- recall image from video: being face-to-face, keeping your eyes on Jesus; trusting that he has your back even when human logic tells us this must be absurd</i>		
<i>- going to experience Eucharistic Adoration at Rise Up -- quiet time to speak to Jesus face-to-face, in the form of the Bl. Sacrament, the same Body of Christ we receive at Mass, on display!</i>		
7. Adoration Video: Personal Witnesses	<i>Rachel/Joe/Paul</i>	5 min 7:20
8. Prayer Meditation: Our Eyes Fixed on Jesus led by <i>Rachel/Joe/Paul</i>	5-10 min	7:25
<i>- recall image from Trust Fall video: be face-to-face, keep eyes on Jesus; trust that he has your back even when logic tells us this must be absurd (Track B should do <u>part of song to save time</u>)</i>		
<i>- prayer with “Turn Your Eyes” (Lauren Daigle) and diverse pictures of the face of Jesus - can be prayed anytime with a smart phone & Google Image Search – choose your own face of Jesus</i>		
9. Instructions for Breakout	<i>Rachel/Joe/Paul</i>	5 min 7:35
10. Reading the Church Breakout	<i>At Tables/Groups</i>	20-25 min 7:45
<i>- each table/group reviews photos of images relating to Jesus, found in our 2 churches</i>		
<i>- what is the image? what might it mean? how does it connect to who Jesus is or what he does?</i>		
11. Rite of Enrollment run-through	<i>Rachel/Joe/Paul</i>	5-10 min 8:10
12. Reminders & Closing Prayer	<i>Rachel/Joe/Paul</i>	10 min 8:20
<i>- Adapted Divine Praises & meditation song “Brave”,</i>		
<i>- during meditation song, <u>bless selves with Holy Water at prayer space & ask for greater faith</u></i>		

Homework for Candidates:

- read/do **journal pages 22, 23, 24 and 25 in your Confirmed in the Spirit journal**
- sign and have parent(s) sign the **Discipleship Commitment** (gray Tr A, beige Tr B) **due next week!**
- all Confirmation candidates (students preparing to be Confirmed this year) come to **Rite of Enrollment** at any parish Mass this weekend, 10/4-10/5; dress appropriately; arrive 15 minutes early to check in & get handout; sit with family; receive Bibles and a blessing up in sanctuary after Homily
- bring **new Bibles** and all other materials (**book, journal, folder**) to next classes:
 - o Monday 10/6 (Track A) and Wed. 10/8 & Thurs. 10/9 in Religion (Track B)