

**This session's objectives:**

- To teach the value and dignity of all life by helping students be aware of the attack on human dignity through domestic violence
- To make young people aware of the signs of both healthy and unhealthy relationships and the dangers of manipulation, intimidation, power and control in dating relationships
- To empower young people to protect themselves and others by seeking help when they recognize the signs of an unhealthy and abusive relationship at any stage of their lives

**This session's program:**

1. **Name-tag pick-up & Icebreaker** 5 min 6:45  
*Icebreaker at tables: name something you think is important in a friendship*
2. **Opening Prayer "Sacred" by Joe Melendrez** (led by Rachel) 5 min 6:50
3. **Presentation on Teen Dating Violence** (Sanika & Chidori) 85 min 6:55
  - some interaction at tables according to instructions given by presenters
  - will include Kahoot! game with questions about teen dating violence statistics and polls
  - may include card game to choose traits important to you in a romantic partner (funny, smart, kind, etc.) and randomly assign negative traits (unkind to your friends, tells lies, etc.)
4. **Homework & Reminders** 5 min 8:20
  - share handouts from class with your parents!
  - Documentation for 5+ hours of Christian service hours due at next class!
  - make sure your Letter to the Pastor is turned in (digitally or in print)
5. **Closing Prayer petitions against domestic & dating violence** (led by Rachel) 5 min 8:25

**Homework and Reminders:**

- **share handouts** from this class with your parents! Make sure Letter to Pastor is turned in
- **Christian service documentation due** at next week's class!
  - service opportunities this Wed 1/29 at SMS Service Night & group trip to soup kitchen
  - other ideas of service on your own time at home on parish website page linked in emails
- **next class** is next week:

Track A: Monday 2/3, 6:45-8:30 p.m. in Mission Hall

Track B: Wednesday 2/5 and Thursday 2/6 in 8<sup>th</sup> Gr Religion class

**WiFi access:****Network: Guest****Temporary Password: Jesus2025#**