

**This session's objectives:**

- To **make candidates and parents aware of what is expected of them** as they enter into Confirmation Prep, including growth in discipleship, a fair commitment and respect for each other
- To **begin a process of self-reflection and evaluation** that will help candidates get in touch with their spiritual needs and the gifts they bring to the community of faith as maturing Christians

**This session's program:**

1. **Candidate name-tag pick-up, parent sign-in, last-minute registration** 5 min 6:45  
- catechists help greet parents and candidates, introduce selves, chat
2. **Welcome & Opening Prayer** ("*Ven, Oh Espiritu/Come, Holy Spirit*") Rachel 5 min 6:50
3. **What Happens at Confirmation?** Rachel 10 min 6:55  
Video reflection: *What Happens at Confirmation* ("Chosen" Conf Prep series)  
highlight a few themes of preparation: change of name, role of Sponsor, prayer & Mass
4. **Give Packets (with Books & Journals) to Each Family** Rachel & Catechists 5 min 7:05
5. **Program overview Q&A** Rachel 15 min 7:10  
- go through info packet from Parent Meeting in light of video themes: commitment, Christian service, choosing a Sponsor & Confirmation Name; tie to video w/ questions  
- reference Christian Service Ideas page on parish website, spotlight upcoming events – monthly Community Meal, Children's Resale Shop in October
6. **Large Group Icebreaker: Blind Origami** Standing, led by Rachel 10 min 7:25  
- discussion of confidentiality and respect, different abilities and gifts, ways to participate
7. **"Is Your Faith in Kindergarten?"** (2 min. video) Rachel 5 min 7:35  
<http://www.youtube.com/watch?v=6bIf6QD4GFg>
8. **Setting Goals for Spiritual Development** Parents with Candidates 20 min 7:40  
- candidates set goals for their prayer life, moral choices, and service  
- Rachel will give examples of different experiences of prayer and service, especially in light of changing needs and abilities  
- do they measure **prayer life** by times/words, or by how they feel during/after?  
- which **moral choices** are already made in prayer/by thinking about what God wants?  
- what are the ways they already give **service** to God's people and/or those in need?  
- use bilingual **SMART goals handout** to encourage better goals, like: "pause to listen to God when I pray" or "pray at night before bed three times a week" instead of: "pray more"  
- goals to be carried up during closing prayer service
9. **Prayer Ritual: Making a Commitment** Rachel 15 min 8:00  
Isaiah 54:9-10, video reflection ("*Commitment*"), connection to Baptismal commitment  
Ritual Presentation of Goals (*during song "I Will Follow" by Chris Tomlin*), Lord's Prayer
10. **Comments from Pastor** Fr. Jason 10 min 8:15
11. **Forms Reminders & Assign HW / Clean-up / Dismissal** Rachel 5 min 8:25

**Homework & Reminders for Candidates:**

- take a look at book & journal; do "My Journey Begins", 1<sup>st</sup> section of journal (pages vi – xii)
- sign & have parent(s) sign **Commitment Track A** due Mon. 10/6 .. **Track B** due Thurs. 10/9
- **bring to next class** book, journal, folder: - Track A Mon 9/29, Track B Wed 10/1 & Th 10/2
  - o helpful to have a **bag** such as an old backpack to carry materials for evening classes
  - o Track B religion teachers may offer place in Religion classroom to keep materials