

**This session's objectives:**

- To **make candidates and parents aware of what is expected of them** as they enter into Confirmation Prep, including growth in discipleship, a fair commitment and respect for each other
- To **begin a process of self-reflection and evaluation** that will help candidates get in touch with their spiritual needs and the gifts they bring to the community of faith as maturing Christians

**This session's program:**

1. **Name-tag pick-up, last-minute registration** 5 min 6:45  
 - catechists help greet parents and candidates, introduce selves, chat, distribute books & journals
2. **Welcome and Opening Prayer (“Come, Holy Ghost” v. 1)** *Rachel* 5 min 6:50  
**with possible Comments from Parish Priest(s)** *Fr. Jason or Fr. Michael* 5 min 6:55
3. **What Happens at Confirmation?** *Rachel* 10 min 7:00  
[Video reflection: What Happens at Confirmation \(“Chosen” Conf Prep series\)](#)
4. **Distribution of Packets to Each Family** *Rachel & Catechists* 5 min 7:10
5. **Program overview Q&A** *Rachel* 15 min 7:15  
 - go through info packet from Parent Meeting in light of video themes: commitment, Christian service, choosing a Sponsor & Confirmation Name; tie to video w/ questions  
 - reference Christian Service Ideas page on parish website, spotlight upcoming events – parent *Kristen Komara* may address the group about the Children’s Resale Shop service opportunity
6. **Large Group Icebreaker: Blind Origami** *Standing, led by Rachel* 10 min 7:30  
 - discussion of confidentiality and respect, different abilities and gifts, ways to participate
7. **“Is Your Faith in Kindergarten?”** (2 min. video) *Rachel* 5 min 7:40  
<http://www.youtube.com/watch?v=6blf6QD4GFg>
8. **Setting Goals for Spiritual Development** *Parents with Candidates* 25 min 7:45  
 - candidates set goals for their prayer life, moral choices, and service  
 - Rachel will give examples of different experiences of prayer and service, especially in light of changing needs and abilities  
 - do they measure **prayer life** by times/words, or by how they feel during/after?  
 - which **moral choices** are already made in prayer/by thinking about what God wants?  
 - what are the ways they already give **service** to God’s people and/or those in need?  
 - use bilingual **SMART goals handout** to encourage better goals, like: “pause to listen to God when I pray” or “pray at night before bed three times a week” instead of: “pray more”  
 - goals to be carried up during closing prayer service
9. **Closing Prayer: Making a Commitment** *Rachel* 15 min 8:10  
[Isaiah 54:9-10](#), video reflection ([“Commitment”](#)), connection to Baptismal commitment  
 Ritual Presentation of Goals (*during song [“I Will Follow”](#) by Chris Tomlin*), Lord’s Prayer
10. **Forms Reminders & Assign HW / Clean-up / Dismissal** *Rachel* 5 min 8:25

**Homework & Reminders for Candidates:**

- take a look at book & journal; do “My Journey Begins”, 1<sup>st</sup> section of journal (pages vi – xii)
- sign & have parent(s) sign **Commitment Track A** due Mon. 10/7 .. **Track B** due Thurs. 10/10
- **bring to next class** book, journal, folder: - Track A Mom 9/30, Track B Wed 10/2 & Th 10/3