

## **Session 16: Teen Dating Violence**

**February 12, 2024**

*Queen of Apostles Confirmation Preparation 2023-2024*

### **This session's objectives:**

- To teach the value and dignity of all life by helping students be aware of the attack on human dignity through domestic violence
- To make young people aware of the signs of both healthy and unhealthy relationships and the dangers of manipulation, intimidation, power and control in dating relationships
- To empower young people to protect themselves and others by seeking help when they recognize the signs of an unhealthy and abusive relationship at any stage of their lives

### **This session's program:**

1. **Name-tag pick-up** 5 min 6:45
2. **Opening Prayer** "*Sacred*" by Joe Melendrez (Rachel) 5 min 6:50
3. **Presentation on Teen Dating Violence** (Maggie & Carolina) 85 min 6:55  
*some interaction at tables according to instructions given by presenters*
4. **Homework & Reminders** 5 min 8:20
  - share handouts from class with your parents!
  - start your Confirmation Novena this Friday 2/16!
  - **Practice** next Tuesday 2/20, 6:45 p.m. at Q of A Church. for all!
5. **Closing Prayer** *petitions against domestic & dating violence* (Rachel) 5 min 8:25

### **General Reminders:**

- start your Confirmation Novena this Friday 2/16!
- **Practice** next Tuesday 2/20, 6:45 p.m. at Q of A Church. for all!