Queen of Apostles Confirmation Preparation 2024-2025

Times listed are for Monday evenings (mostly Track A)

red notations (for table-leader catechists on Mondays; teacher directs in Religion classes)
purple Track B notations (leadership & recommended adaptations for Religion classes)

## This session's objectives:

- To encourage candidates to trust in God and recognize large and small challenges to their faith
- To introduce the practice of Eucharistic Adoration in preparation for "Rise Up" & lifelong prayer
- To explore who Jesus is through various signs and symbols in Catholic tradition

## This session's program: Time A Start

1. Name-tag pick-up; greeting catechists

- 0-5 min 6:45
- as enter both days, candidates invited to <u>bless selves w/ holy water</u> (as when entering church)
  - catechists determine when enough are present/settled at table to continue w/ warm-up activity
- 2. **Warm-up activity** share journal pp. vii-viii At Tables/Groups 5 min 6:50 Track A should do more of an icebreaker: "One Thing About Me"
  - each member, including catechists, shares name & one fact about themselves which most people don't know: "My name is Rachel and I never really learned how to whistle."
  - follow each fact with group response: "Thank you, God, for the gift of [Name]."
  - draw prompts from cup in center of table if not sure what fact to share
  - 3. Opening Prayer (Act of Faith, top of p. 108 in textbook) Rachel/Joe/Anne 5 min 6:55
  - 4. **Belief, Trust and Faith** *using PowerPoint presentation* Group reflection plus <u>Trust in God illustration video</u> *R* 
    - Rachel/Joe/Anne 15 min 7:00
  - 5. Table/Pair Discussion on Trust (4 Qs from slide deck) At Tables/Pairs 5 min 7:10
  - 6. **Meeting Jesus in the Eucharist: Seen and Unseen** Rachel/Joe/Anne 5 min 7:15 recall image from video: being face-to-face, keeping your eyes on Jesus; trusting that he has your back even when human logic tells us this must be absurd
    - going to experience Eucharistic Adoration at Rise Up -- quiet time to speak to Jesus face-to-face, in the form of the Bl. Sacrament, the same Body of Christ we receive at Mass, on display!
  - 7. Adoration Video: Personal Witnesses Rachel/Joe/Anne

5 min 7:20

- 8. **Prayer Meditation: Our Eyes Fixed on Jesus** led by Rachel/Joe/Anne 5-10 min 7:25 recall image from Trust Fall video: be face-to-face, keep eyes on Jesus; trust that he has your back even when logic tells us this must be absurd (Track B should do <u>part</u> of song to save time) prayer with <u>"Turn Your Eyes" (Lauren Daigle)</u> and diverse pictures of the face of Jesus can be prayed anytime with a smart phone & Google Image Search choose your own face of Jesus
- 9. **Instructions for Breakout** Rachel/Joe/Anne

5 min 7:35

- 10. **Reading the Church Breakout** At Tables/Groups 20-25 min 7:45 each table/group reviews photos of images relating to Jesus, found in our 2 churches
- what is the image? what might it mean? how does it connect to who Jesus is or what he does?

  11. **Rite of Enrollment run-through**Rachel/Joe/Anne

  5-10 min

  8:10
- 12. **Reminders & Closing Prayer** Rachel/Joe/Anne 10 min 8:20
  - Adapted <u>Divine Praises</u> & meditation song "<u>Brave</u>",
  - during meditation song, bless selves with Holy Water at prayer space & ask for greater faith

## Homework for Candidates:

- read/do pages 22, 23, 24 and 25 in your journal
- sign and have parent(s) sign the **Discipleship Commitment** (beige paper) **due next week!**
- <u>all Confirmation candidates (students preparing to be Confirmed this year) come to **Rite of Enrollment** at any parish Mass this weekend, 10/5-10/6; dress appropriately; arrive 15 minutes early to check in & get handout; sit with family; receive Bibles and a blessing up in sanctuary after Homily</u>
- bring new **Bibles** and all other materials (**book**, **journal**, **folder**) to next classes:
  - o Monday 10/7 (*Track A*) and Wed. 10/9 & Thurs. 10/10 (*Track B*)