











When setting your goals for your **Prayer Life, Moral Choices, and Service** during your preparation for Confirmation, make sure your goals are...

 <p>Specific Who, What, Where, When, Why, Which</p> <p>Define the goal as much as possible with no vague language.</p> <p>WHO is involved, WHAT do I want to do, WHERE and WHEN will it be done, WHY am I doing this</p>	 <p>Measurable From and To</p> <p>Can you track the progress & measure the outcome?</p> <p>How much or how many? How often or how many times?</p> <p>How will I know my goal is accomplished?</p>	 <p>Attainable How</p> <p>Is the goal reasonable enough that you can actually do it?</p> <p>Make sure the goal is challenging but not out of reach or below what is expected of you already.</p>	 <p>Relevant Worthwhile</p> <p>Is the goal worth doing? Will it meet your spiritual needs?</p> <p>Does it fit with your plans to grow in your faith this year? What do you really need in order to grow your spirituality?</p>	 <p>Timely Limited to When</p> <p>Include a time limit, by when you will do this.</p> <p>Manage your time by working on goals in different months.</p> <p>Begin practices that are sustainable — this is about <u>growth!</u></p>
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HOMEWORK & REMINDERS FOR...

TRACK A (<i>Rel Ed/CCD</i>)	EVERYONE	TRACK B (<i>Q of A School</i>)
<p>6:45pm-8:30pm on Monday 10/3</p> <p>Share calendar info with your family. Take a look at your book and journal; <u>do "My Journey Begins", which is the first section of the journal (pages vi – xii)</u></p> <p>Permission Form for Retreat I "Holy Fire" Field Trip to Credit Union 1 Arena Form due Mon. 10/3 Attending "Holy Fire" on Saturday 10/15</p>	<p>Next class session: Bring the 2 signed form(s), book & journal, folder</p> <p><i>sign & have parent(s)/guardian(s) sign</i></p> <div style="border: 1px solid orange; border-radius: 10px; padding: 5px; text-align: center;"> <p>Email about any potential conflicts! rhohner@queenofangelschicago.org</p> </div>	<p>in Religion class on Tues. 10/4 & Wed. 10/5</p> <p>Form due Wed. 10/5 Attending "Holy Fire" on Friday 10/14</p>
Mon. 10/3	BEIGE Commitment form also due next week	Wed. 10/5
<p>If you have already chosen your Sponsor(s), make sure you let your Sponsor(s) know they <i>Forms due Mon. 10/17</i> should <u>attend class with you on Monday, November 7.</u></p> <p>If you have <u>not</u> chosen your Sponsor(s), brainstorm with your family about who would be a good Sponsor.</p>	<p>Sponsor forms are due in a few weeks!</p>	<p><i>Forms due Wed. 10/19</i></p>

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