

This session's objectives:

- To continue talking about the structure of the Confirmation Mass by describing the parts of the Rite of Confirmation and tying them to Scripture
- To foster an investment in missionary discipleship through a life of service for others
- To reflect on the meaning of the Christian service performed in light of each person's gifts and call
- To reach out in loving service to lonely or discouraged elderly in a local nursing home

This session's program:

1. **Name-tag pick-up; gather Service Hours and/or late Pastor Letters** 0-5 min 6:45
share from journal p. 36-37, catechist's choice
 2. **Opening Prayer** ("Do Something," Matthew West) 5 min 6:50
 3. **Sent to Serve** (Rachel/Keenan) 10 min 6:55
 - words of sending forth at end of every Mass - walking with 2 feet of Service & Justice
 - brainstorming types of Service/Charity and Justice - instructions for reflection
 4. **Service Reflection** (at tables/groups or individually) 20-25 min 7:05
 - reflect individually on service and share responses in your group or with the class
 - use *Reflecting on My Service* and *Two Feet* 2-sided handout; also see *JK Service Award* app
 - would you do this service again? What other ways to serve would you like to do?
 - each person's service forms & reflection sheets stapled together, to prayer table basket
 5. **Service in Action: Valentine Craft** (at tables/groups or individually) 10-15 min 7:30
 - making cards as signs of God's love for the lonely patients at Balmoral Nursing Home
 - decorate with words of loving encouragement (see suggestions), drawings, cutouts, stickers
 - scissors, glue sticks, marker boxes, paper lace, additional stickers also available
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6. **The Rite of Confirmation** (Rachel/Keenan) 10-15 min 7:45
 - go through Presentation of Candidates, Renewal of Baptismal Promises, Laying on of Hands and Anointing with Chrism (a previous program or pages 88-90 of textbook)
 7. **Timed Icebreaker: Practicing Peace** (at tables or individually) 0-5 min 8:00
 - the Bishop tells us "Peace be with you" after we are anointed - 2-min. speed-journaling
 - we go share that peace with others (in the spirit of the Sign of Peace at every Mass)
 - how will we bring the peace of the Spirit to others in our daily lives? - share responses
 8. **Scripture for Hands and Anointing** (at tables) 20-25 min 7:15
 - each table reads Scripture passages on laying on of hands (Numbers 27:15-23 or Acts 19:1-6) and anointing (Leviticus 8:10-12 or 1 Samuel 9:26-10:1) as assigned
 - discuss the power of laying on of hands and anointing in the context of the passage: what did it mean to the people experiencing it?
 - on handout with hands: inside each hand (for each reading), write what the sign meant
 9. **Reminders and Closing Prayer** ("Christ Has No Body" blessing) 5 min 8:25
 - extend hands over each other in prayer to send one another forth to love and serve

Reminders:

- Next class for all on Monday, January 29, 6:45-8:30 p.m.
- Homework: **textbook pages 88-90**
- Note upcoming evening retreat on Friday 2/9, 4:30 p.m. to 8:30 p.m. for all!